



# Kindergarten Checklist



## Social and Emotional Skills

- ☐ Practice listening and following directions (e.g., "Simon Says")
- ☐ Encourage sharing and taking turns during play with others
- ☐ Help your child separate with a consistent goodbye routine
- ☐ Read books that teach kindness, manners, and friendship

## Language and Communication Skills

- ☐ Model how to speak in full sentences
- ☐ Practice listening and responding to questions during reading or play
- ☐ Help your child name and describe everyday objects

## Early Literacy Skills

- ☐ Practice identifying letters and their sounds
- ☐ Help your child learn to write their name in fun ways
- ☐ Talk about simple story elements during read-alouds

## Early Math Skills

- ☐ Practice counting objects and recognizing numbers from 1 to 10
- ☐ Help your child identify basic shapes
- ☐ Play with patterns and sort by color, size, or shape

## Fine and Gross Motor Skills

- ☐ Practice holding a short pencil or crayon with a pincer grip
- ☐ Practice cutting with child-safe scissors
- ☐ Encourage running, jumping, climbing, and balancing during outdoor play

## Self-Care and Independence

- ☐ Use the bathroom, flush, and wash hands independently
- ☐ Put on coats, shoes, and backpacks
- ☐ Practice asking for help when needed

